

FREE GRIEF SUPPORT GROUPS - GEN LOSS

TX Health PLANO Presby Hospital Free 6 week grief support groups (adults) 214-384-9272 Limited number- RSVP req'd. Contact Barb Petsel LPC 214-384-9272 barb@barbpetsel.com (call for various 2015 dates) (One group begins 9/29/15 1-3PM)

Grace Hospice Free breakfast 1st Tuesdays RSVP 972-424-3454. Also **Brown Bag Luncheons 2nd Thursday** ccrawford@gracehospice.org 730 Ave F suite 200 Plano 75074 - grief support & conversation **Carey Crawford**

VNA McKinney - 5 week Support Groups for Adults Visiting Nurses Assoc. Collin County/McKinney contact Susan Bryan, LPC for dates/times bryans@vnatexas.org or 972.562.0471.

Grief and Loss Center of North TX in Dallas support groups /activities, widows/widowers groups, children groups- call for times and locations **Laurie Taylor 214-452-3105** Group now re loss of child- call for info)

Faith Presbyterian Hospice "A Journey Together" info: 214-699-4743 www.faithhospice.org

The Medical Center of Plano Ginny Robinson 972-519-1588: **Healing Matters II** 7pm 2nd & 4th Tues in Admin conf. Rm. #2 -1st floor. **Widows/ widowers social group.** Fridays 6:30 2nd fl classrooms 1 & 2

Christ United Methodist Church Plano 3101 Coit **Plano** Call for group dates/times 972) 596-4303

Cancer Support Community Plano call for times and groups (972-981-7020 adults- cancer grief groups)

Prestonwood Bapt. Church 6801 W. Park **Plano TX** 75093 for adults 972-820-5112

Prince of Peace Catholic Church 5100 W. Plano Pkway **Plano** 972-380-2100 Angela Gwinn

St Mark "New day" 1100 W. 15th **Plano** TX 75075 joelark@stmarkplano.org 972-424-5794 Judy Clark

St Elizabeth Seton 2700 W. Spring Creek **Plano** 75023 Cecilia Jones 972-596-5505 cjones@eseton.org

Christian Care Hospice Danny Mack 5-6 wk group various locations/times www.DannyMack.org DannyMack@aol.com 972-679-2354

Frisco Senior Ctr. 6670 Moore St **Frisco** facilitator Reni Parker LPC 3rd Tues monthly 1-2 PM 972-292-6550

FREE TALKS on BEREAVEMENT

2nd Wednesday 12-1 Free Grief Luncheon & speaker Visiting Nurses Association at Stonebridge United Methodist Church 1800 S Stonebridge Dr. McKinney reserve req'd 972-562-0140 Monday by 1 pm prior bryans@vnatexas.org Susan Bryan

Dallas Bereavement Luncheons Visiting Nurses Assoc. last Thurs. monthly (except Nov & Dec) 12-1 Church of the Incarnation, 3966 McKinney Avenue, **Dallas** RSVP needed 214-689-2633 Sue Rafferty, Bereave. Coord. rafferts@vnatexas.org

3rd Thurs monthly 11:30 am Grief-luncheon TX Land & Cattle Springcreek & 75 **Plano** RSVP 972-424-4511 the 1st time you attend is free) – (Dickey Funeral Home)

Faith & Grief Ministries Luncheons, talk & discussion (Dallas) Various times/dates <http://www.faithandgrief.org>

FREE for CHILDREN & TEENS & THEIR FAMILIES

Journey of Hope grief Support Center children, teens and their families for support with grief, every other week groups-3yrs- 18 yr old child (various age groups) plus group for adults bringing them Call 972-964-1600 Carla Leslie for intake and info

Cancer Support Community (Plano TX) call for times and groups of grief groups 972-981-7020 Noogieland

Center for Loss and Grief – (Dallas) various children and adult groups, misc. times Call Laurie Taylor 214-452-3105 <http://www.mygriefandloss.org/grief-support-services-in-north-texas/>

VNA Safehaven 8 wk kid grief support group. (Denton) 940-349-5900 Ginny Hudson call for info

Griefworks 5440 Harvest Hill Rd Suite140 (Dallas) TX 75230 Larry Barber gps & indiv barber@christian-works.org, www.grief-works.org

CAMP: Camp Conquer Grief Support Camp for children 9-14 yrs. old www.campconquer.org

FREE SUICIDAL LOSS SUPPORT

Touched by Suicide Trinity Presbyterian Church 972-539-0514 or office@tpcfm.org 5500 Morriss Rd

Flower Mound TX Adults: 1st & 3rd Tuesdays 7:00 PM ****Teen group** meets the 1st Tuesdays)

****TEEN Touched by suicide Group** Contact Martha Giles 972-420-7270 (Denton) Also www.afsp.org

FREE GRIEF SUPPORT LOSS of a CHILD or PREGNANCY or MISCARRIAGE.

The Medical Center of Plano Ginny Robinson 972-519-1588 (call for info: Healing Matters I - pregnancy loss) 7:30 PM 4th Monday Hosp 1st floor Admin. Conference rom #2

M.E.N.D Miscarriage, stillbirth, early infant death, P.O. Box 631566 Irving TX 75063 Rebekah Mitchell Rebekah@MEND.org www.mend.org

Perinatal Support of TX Dr. Paula Miltenberger support & education/information for parents of unborn children not expected to survive 682-325-8065 Paula@ womensmentalwellness.com www.perinatalsupportoftexas.org

Compassionate Friends: parents with grief from loss of a child www.compassionatefriends.org

Individual Therapists Specializing in GRIEF

Barb Petsel MS, LPC-S, FT & RN 2809 Regal suite110 Plano 75075 barb@barbpetsel.com 214-384-9272 www.barbpetsel.com

Angela Gwinn MS, LPC Plano Prince of Peace Catholic Community Counseling 972-380-2100 a.gwinn2@popplano.org

Misty Solt PhD LPC-S, RPT-S 972-814-9406 3550 Parkwood Dr. Frisco, TX 75034

Reni Parker MS, LPC 10317 Sao Paulo Road, Frisco TX 75035 myguidinglightcounseling.com 469-583-1492 reni@myguidinglightcounseling.com

Trauma Related Deaths

Trauma Support Services of N. TX Tssnt.org (972) 709-4904

Crisis & Trauma Denton Police Dept. Family Services Unit Richard Godoy MSSW-LCSW Family Services Coordinator 601 Hickory Ste E, Denton TX 76209 office 940-349-7909

Misc. Websites: www.suicidology.org www.caringinfo.org www.sids-network.org www.hospice.org www.afsp.org mygriefandlos.org

Let Us Help You Get the Support and Services You Need for Your Grief Journey

Collin County

Grief Support Services

For further information contact

Barb Petsel 214-384-9272

barb@barbpetsel.com

Resources are compiled for the purpose of providing information for those grieving so they may find help and support

GRIEF SUPPORT RESOURCES



COLLIN COUNTY AREA

& Nearby areas

2015

Please find solace

and help
from the resources listed within