Comfort and Hope
for the Journey of Grief

A weekend retreat for adults who have experienced the death of a spouse, child, parent, sibling, or friend.

February 27-March 1, 2015

“For blessed are those who mourn, for they shall be comforted.”
—Matthew 5:4

Presbyterian Mo-Ranch Assembly and Faith & Grief Ministries are combining their respective gifts to make this retreat available to provide a safe venue to wrestle with the dynamics of grief and to experience significant measures of hope and encouragement.

The mission of Presbyterian Mo-Ranch Assembly is to foster growth in God through Jesus Christ by sharing its unique living, learning, Christian environment.

Faith & Grief Ministries’ mission is to provide ongoing comfort to persons who have experienced the death of a loved one.

For more information or to register for this retreat, please visit www.moranch.org or call 1-800-460-4401 ext. 246.

Some scholarships are available through Mo-Ranch and Faith & Grief Ministries.

Presbyterian Mo-Ranch Assembly
2229 FM 1340
Hunt, Texas 78024
800-460-4401
www.moranch.org
Whether you are standing in raw grief, navigating the chaos of grief's confusion, or recovering from a recent ambush of grief this retreat is designed for you. Plan to experience comfort through scripture, spiritual practices, and interaction within a compassionate community of men and women who “get it”—get the heartache, get the lingering sorrow, get the continual yearning to be with your loved one, and get the longing for peace.

Retreat Leadership:

**Fran Shelton** serves as a spiritual director after serving Presbyterian Church (U.S. A.) congregations for two decades. Her doctoral project at Austin Presbyterian Theological Seminary was “Blessed are Those Who Mourn: Offering Comfort Through Worship and Theological Reflection.”

**Wendy Fenn** serves as Associate Pastor at First Presbyterian Church, Dallas, TX. Previously, she was Chaplain and Director of Spiritual Care at a non-profit hospice in Dallas. She graduated magna cum laude from the University of Arkansas and received a Master of Divinity from Perkins Theological Seminary.

**Ara Carapetyan**, Music Leader. In addition to Ara’s 60 years of experience as a choral conductor and church musician, he brings his personal experiences of grief and mourning. Currently, Ara is Director of Music at University Presbyterian in Austin, Texas.

**Sharon Balch** began as a volunteer at Faith & Grief Luncheons. She worked at Texas Instruments for 27 years in marketing, communications, and finance. She has an MBA and a Graduate Specialist’s Certificate in Aging from the University of North Texas. She is a Stephen Minister and a Presbyterian elder.

**Peggy Marshall** is the CEO of The Art Station, the only non-profit organization in North Texas dedicated to providing art therapy (a combination of counseling and art making in a therapeutic setting) for healing and growth. As a survivor of suicide loss, she serves on the national Survivors Council for the American Foundation for Suicide Prevention (AFSP). She is a TCU graduate.

**Becky Pigott,** Ed.D. brings over twenty years of experience in small group dynamics in a variety of corporate business, clinical, and public school settings. She is a Stephen Minister and a Presbyterian elder. She lives in Austin, TX, and attends University Presbyterian Church.

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**Retreat Schedule**

**Friday, February 27, 2015**
4:00-6:00 pm Registration
5:30-6:30 pm Dinner
6:45-8:45 pm “The Healing Power of Story”
   Spiritual Practice: Breath Prayers

**Saturday, February 28, 2015**
7:30-8:30 am Breakfast
8:45-11:15 am “Nature & Dynamics of Grief”
   Spiritual Practice: The Prayer of Examen
12:00-1:00 pm Lunch
1:15-3:00 pm “The Foreign Land of Grief”
3:00-5:30 pm Free Time
   Optional: Labyrinth & Art Activity by Art Station
5:30-6:30 pm Dinner
6:45-8:45 pm “A Paradigm for Grief”
   Spiritual Practice: Object Prayer

**Sunday, March 1, 2015**
7:30-8:30 am Breakfast
8:45-11:15 am “Choices in the Process of Grief”
   Spiritual Practice: Mandalas